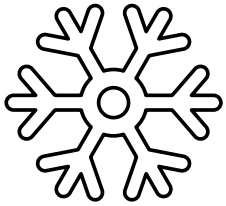


# KIDS' zone

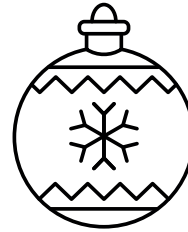
## Christmas wellbeing colour-in Calendar



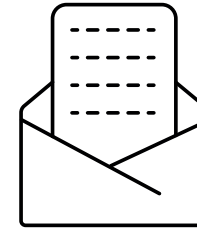
Watch a  
Christmas film



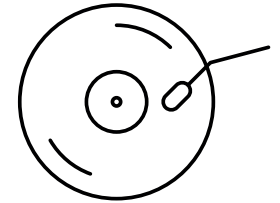
Make a Christmas  
card for a loved one



Create a decoration  
for your tree



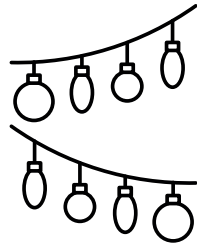
Write your Christmas  
list for Santa



Dance to Christmas  
music



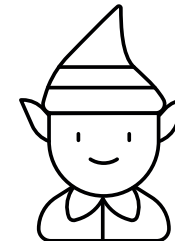
Do some Christmas  
drawing



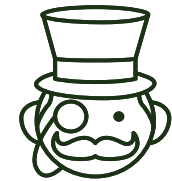
Go out to see some  
Christmas lights



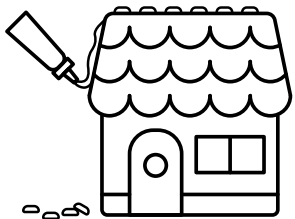
Bake some Christmas  
food



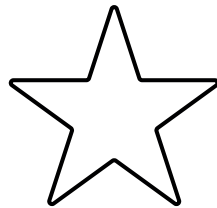
Read your favourite  
Christmas book



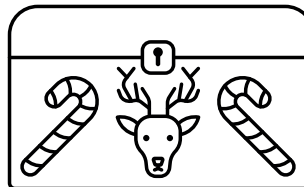
Turn off your electric  
devices and play a game  
with your family



Spend an hour doing  
something creative



Write down your best  
achievements of  
the year



Make a Christmas  
eve box



Let somebody know  
that you appreciate  
them